ALASKA DEPARTMENT OF CORRECTIONS PROGRAMS AND SERVICES

In keeping with its mission the Alaska Department of Corrections (ADOC) provides evidence-based rehabilitative programs that enhances the security of our institutions, safe guards the public, and reduces recidivism by providing prisoners with needed tools to assist them in becoming law-abiding citizens.

Below is a list of the ADOC institutions and the corresponding programming available at each individual facility. At the end of the list is a description of each program offered.

Anchorage Correctional Complex, Anchorage

- <u>Substance Abuse Programs/Services</u>
 - o 12-Step Recovery Meetings
 - o Screening & Assessment
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- Adult Basic Education (ABE)
- o General Education Diploma (GED) Classes and Testing
- o Parenting

Vocational Services:

- Computer Instruction Courses
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
- Sex Offender Services
 - o None

Anvil Mountain Correctional Center, Nome

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - o Alaska Native-Based Substance Abuse Treatment (ANSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- Adult Basic Education (ABE)
- Computer Lab
- o General Education Diploma (GED) Classes and Testing
- o Post-Secondary Academic Services

Vocational Services:

- Alaska Food Service Worker Card
- o GPS Classes
- o Hazwopper
- Keytrain/Workkeys
- o Microsoft Office 2003
- o MSHA New Miner Part 48
- o Motor Vehicle and Commercial Driver Book Training
- Native Heritage Skin Sewing

- NCCER Core
- o NSTC
- Young Fisherman
- Waste Water Lagoon

Pro-Social Education Services:

- o Alaska Reentry Course
- o Criminal Attitude Program (CAP)
- o Parenting Classes
- <u>Chaplaincy Services/Programs</u>
 - Chaplaincy Core Services
- Mental Health Services
 - Contracted Clinical Services
- Sex Offender Services
 - o None

Fairbanks Correctional Center, Fairbanks

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - Life Success Substance Abuse Treatment (LSSAT)
- Educational, Vocational & Pro-Social Educational Programs

Educational Services:

- Adult Basic Education (ABE)
- o Computer Lab
- o General Education Diploma (GED) Classes and Testing
- High School Refresher Classes
- Post-Secondary Academic Services

Vocational Services:

Information Technology

Pro-Social Education Services:

- o Alaska Reentry Course
- o Criminal Attitudes Program (CAP)
- o Parenting Classes
- Chaplaincy Services/Programs
 - o Chaplaincy Core Services
- Sex Offender Services
 - Sex Offender Assessments
- Other Programs
 - o Batterer's Intervention Program

Goose Creek Correctional Center, Mackenzie Point

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - Screening & Assessment
 - o Life Success Substance Abuse Treatment (LSSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

Adult Basic Education (ABE)

- o Computer Lab
- English as a Second Language
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- o First Aid CPR
- Hazwopper
- o MSHA New Miner Part 48
- NCCER Carpentry Trades
- o NCCER Electrical
- NCCER HVAC Trades
- NCCER Introduction to Welding
- o NSTC
- OSHA 10 (DOL)
- o Heavy Equipment Simulator Introduction

Pro-Social Education Services:

- o Alaska Reentry Course
- o Anger Management
- o Criminal Attitudes Program (CAP)
- o Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
 - God Behind Bars
 - o Multi-Faith Wing
- Sex Offender Services
 - Sex Offender Assessments
- Other Programs
 - o Batter's Intervention Program

Hiland Mountain Correctional Center, Eagle River

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - Life Success Substance Abuse Treatment (LSSAT)
 - Residential Substance Abuse Treatment (RSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- o Applied Math
- Computer Lab
- o English as a Second Language
- o General Education Diploma (GED) Classes and Testing
- o Illisagvik Math
- o Post-Secondary Academic Services

Vocational Services:

- Apprenticeships
- o Blue Prints and Design
- Building and Vocational Trades

- Dog Obedience
- o Electric
- o Electric Specific Math
- o Flagger
- o Hazwopper
- o NCCER Tools for Success
- o NCCER Carpentry Level 1 and 2
- NCCER Rigging and Scaffolding
- o NCCER Plumbing Level 1
- o NCCER Electrical Level 1 with Math
- o NSTC
- USDOL Apprenticeship Programs
 - o Building Maintenance Repair
 - Culinary
- Vocational Reentry
- o Weatherization

Pro-Social Education Services:

- o Alaska Reentry Course
- Anger Management
- o Criminal Attitudes Program (CAP)
- Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
 - o Faith Wing
 - o God Behind Bars
 - Kairos
 - Open Table
 - Transformational Living Community (TLC)
 - MentorNet
- Sex Offender Services
 - Sex Offender Assessments
 - Outpatient Sex Offender Treatment

Ketchikan Correctional Center, Ketchikan

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- o Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- o AMSEA
- o OSHA 10

Pro-Social Education Services:

Alaska Reentry Course

- o Criminal Attitudes Program (CAP)
- o Parenting Classes
- <u>Chaplaincy Services/Programs</u>
 - o Chaplaincy Core Services
 - God Behind Bars
- Sex Offender Services
 - o None

Lemon Creek Correctional Center, Juneau

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - Life Success Substance Abuse Treatment (LSSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- o Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- Alaska Food Worker Card
- Alaska Motor Vehicle Book Training
- o AMSEA
- o Flagger
- o Hazwopper
- o Keyboarding: Microsoft Office 2003
- Keytrain
- o NSTC
- o MSHA New Miner Part 48
- Planning for Success Annual Job Fair

Pro-Social Education Services:

- o Alaska Reentry Course
- Anger Management
- Child Support Education
- o Criminal Attitudes Program (CAP)
- Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
- Sex Offender Services
 - Residential Sex Offender Treatment
 - Sex Offender Assessments
- Other Programs
 - o Batter's Intervention Program

Mat-Su Pretrial, Palmer

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
- Screening & Assessment

• Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- Adult Basic Education (ABE)
- Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- Alaska Food Worker Card
- CPR, AED and First Aid

Pro-Social Education Services:

- Alaska Reentry Course
- o Anger Management
- o Criminal Attitudes Program (CAP)
- o Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
- Sex Offender Services
 - o None

Palmer Correctional Center, Palmer

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - o Residential Substance Abuse Treatment (RSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- Alaska Department of Environmental Conservation Safe Food Handler Program
- Alaska Food Worker Card
- o Keytrain/Workeys
- o NCCER Introduction to Construction Trades
- o Small Engine Repair
- USDOL Apprenticeship Programs
 - o Electrical
 - Building Maintenance
 - o Plumbing
- o Welding AWS D1.1 Certification
- o Heavy Equipment Simulator Introduction

Pro-Social Education Services:

- o 48-Week Offender Program
- Alaska Reentry Course
- o Anger Management
- o Criminal Attitudes Program (CAP)

- o Parenting Classes
- Chaplaincy Services/Programs
 - Transformational Living Community (TLC)
 - MentorNet
 - Chaplaincy Core Services
- Sex Offender Services
 - Sex Offender Assessments
 - Outpatient Sex Offender Treatment
- Other Programs
 - o Batterer's Intervention Program

Point Mackenzie Correctional, Mackenzie Point

- <u>Substance Abuse Programs/Services</u>
 - o 12-Step Recovery Meetings
- Educational, Vocational & Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- o Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Service

Vocational Services:

- o Alaska Food Worker Card
- o Keytrain
- Safety Training

Pro-Social Education Services:

- o Alaska Reentry Course
- o Anger Management
- o Criminal Attitudes Program (CAP)
- o Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
- Sex Offender Services
 - o None
- Other Programs
 - o Batterer's Intervention Program

Spring Creek Correctional Center, Seward

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - o Residential Substance Abuse Treatment (RSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- Alaska Food Worker Card
- o AMSEA
- o CPR
- o Keytrain
- o NCCER Carpentry
- o OSHA 10
- USDOL Apprenticeships
 - Culinary
 - o Building Maintenance
 - Materials Coordinator

Pro-Social Education Services:

- o Alaska Reentry Course
- o Anger Management
- o Criminal Attitudes Program (CAP)
- o Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
 - o God Behind Bars
 - o Multi-Faith Wing
- Sex Offender Services
 - Sex Offender Assessments

Wildwood Correctional Center, Kenai

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - o Life Success Substance Abuse Treatment (LSSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- Adult Basic Education (ABE)
- o Computer Lab
- o General Education Diploma (GED) Classes and Testing
- Post-Secondary Academic Services

Vocational Services:

- Alaska Food Worker Card
- Confined Space Entry/Industrial Safety
- o Hazwopper
- o IC3 Computer Competencies
- o KeyTrain
- o MOS
- o MSHA New Miner Part 48
- o OSHA 10
- USDOL Apprenticeships
 - Plumbing
 - o Building Maintenance
 - Culinary
 - Computer Tech

Pro-Social Education Services:

- o Alaska Reentry Course
- o Anger Management
- o Criminal Attitudes Program (CAP)
- Parenting Classes
- o Transition program limited internet access (ALESYS)
- Chaplaincy Services/Programs
 - o Alpha Reentry
 - Chaplaincy Core Services
 - o Kairos
- Sex Offender Services
 - Sex Offender Assessments

Yukon-Kuskokwim Correctional Center, Bethel

- Substance Abuse Programs/Services
 - o 12-Step Recovery Meetings
 - Alaska Native-Based Substance Abuse Treatment (ANSAT)
- Educational, Vocational and Pro-Social Educational Programs

Educational Services:

- o Adult Basic Education (ABE)
- o General Education Diploma (GED) Classes and Testing
- o Post-Secondary Academic Services
- Computer Lab

Vocational Services:

 Alaska Department of Environmental Conservation Safe Food Handler Program

Pro-Social Education Services:

- Alaska Reentry Course
- Criminal Attitudes Program (CAP)
- Parenting Classes
- Chaplaincy Services/Programs
 - Chaplaincy Core Services
- Sex Offender Services
 - o None

Community Based Programming

- Substance Abuse Programs/Services
 - Assessment and Referral Anchorage
 - o Continuing Care Anchorage, Fairbanks, Juneau, Kenai, Palmer
 - Life Success Substance Abuse Treatment (LSSAT) Anchorage, Fairbanks, Juneau, Kenai, Palmer
- Sex Offender Services
 - Outpatient Sex Offender Treatment Anchorage, Bethel, Fairbanks, Juneau, Kenai, Palmer
 - o Residential Sex Offender Treatment Bethel
- Other Programs

 Polygraph Testing – Anchorage, Barrow, Bethel, Dillingham, Fairbanks, Juneau, Kenai, Ketchikan, Nome, Palmer, Sitka

A description of the programs and services listed above may be found below:

SUBSTANCE ABUSE PROGRAMS/SERVICES

12-Step Recovery Meetings: Alcoholics Anonymous and/or Narcotics Anonymous meetings lead by community volunteers. These meetings are premised upon a set of guiding principles that outline a course of action for recovery from substance related addictions.

<u>Alaska Native-Based Substance Abuse Treatment (ANSAT)</u>: These programs provide substance abuse treatment services from an Alaska Native cultural perspective to incarcerated individuals. They are based on a modified Intensive Outpatient Treatment (ASAM PPC-2R Level II.1) model. Generally, inmates in the program are required to participate for a minimum of four weeks (12-16 hours per week).

<u>Assessment and Referral</u>: These services include an informational orientation in which the offender is offered information on substance abuse treatment options within ADOC institutions and in the community. Comprehensive substance abuse assessments are also available along with a referral based upon the assessment results.

<u>Continuing Care</u>: These programs are based on the Outpatient Treatment (ASAM PPC-2R Level I) criteria. The services are designed to complement the treatment that the offender has previously received while incarcerated. The length of the program, and the program requirements, are based upon individual needs.

<u>Life Success Substance Abuse Treatment (LSSAT)</u>: These programs are based on the Intensive Outpatient Treatment (ASAM PPC-2R Level II.1) criteria. The services provided use a cognitive behavioral approach. Inmates in the program are required to participate for a minimum of three to four months (however, provisions will be made to treat offenders who have less than three months and/or are transferring to another facility where they can continue their treatment). Program capacity is 25 participants at a time.

Residential Substance Abuse Treatment (RSAT): These programs are based on the Residential/Intensive Inpatient Treatment (ASAM PPC-2R Level III.1 – III.5) criteria. The comprehensive and intensive program uses a cognitive behavioral approach designed to intervene and treat substance use disorders using a Therapeutic Community model. Inmates in this program are expected to participate for six months (modifications to the total length of stay are made based upon an individual's needs). Program capacity is between 32 and 45 participants at a time.

EDUCATIONAL, VOCATIONAL and PRO-SOCIAL EDUCATIONAL PROGRAMS

Educational Services

<u>Adult Basic Education (ABE)</u>: Classes include basic education instruction in reading, writing, and computational skills below the ninth-grade level.

<u>Computer Lab</u>: Basic computer instruction, using different aspects of Microsoft Office, Word, Excel, and PowerPoint.

<u>English as a Second Language</u>: Classes include instructions on improving basic English speaking, reading, and writing skills.

General Education Diploma (GED) Classes and Testing: Secondary education in the form of instruction and testing opportunities leading to a GED.

<u>New Path High School</u>: Facilitated by the Anchorage School District, this program provides services that include ongoing needs assessment, daily academic support, high school education programming, academic counseling, and transitional services for the reintegration into the community. The goal of the program is to provide a segregated environment where students between the ages of 16 and 24 are given the opportunity to earn their high school diploma and gain the skills necessary to succeed upon release.

<u>Post-Secondary Academic Service</u>: This service allows inmates access to college-level academic classes, which may include correspondence classes, at their own expense. Remedial instruction, on-site tutorial assistance, and supplemental instruction is provided.

Vocational Services

Alaska Department of Environmental Conservation Safe Food Handler Program: Required by the State of Alaska of all food service workers, this credential enhances participants' employment opportunities in the hospitality industry upon release.

Alaska Department of Labor & Workforce Development(AK DOL WD) - Alaska Sea Food Worker Card: AK DOL WD representative proctors tests for inmates to become marketable in the seafood industry (cannery, processors, vessels and harvesters).

Alaska Department of Labor (AK DOL) and Workforce Development Career Training and Support for Vocational Grants: AK DOL representatives refer/assist offenders to the Division of Vocational Rehabilitation for services acquiring training for employment.

<u>Alaska Department of Labor and Workforce Development (AK DOL WD) - Vocational Interest Assessment</u>: Vocational evaluation is a comprehensive process in which individuals and evaluators of AK DOL WD work together to identify and evaluate an individual's vocational interests, abilities, strengths, weaknesses, aptitudes and functional strengths and limitations relative to an individual's vocational goal.

Alaska Marine Safety Association (AMSEA) Marine Survival and Drill Conductor <u>Training</u>: Trains the students to be emergency drill conductors on commercial fishing boats.

<u>Animal Care Vocational Certification</u>: The animal behavior and obedience and grooming training is designed to provide instruction in skills to obtain animal grooming related employment opportunities when inmates are released from incarceration.

<u>Apprenticeship Programs</u>: The Alaska Department of Labor and Workforce Development approved programs designed to assist offenders in receiving the knowledge and skills necessary to obtain employment in a specific field.

<u>Child Support Education:</u> Services provided by a Division of Child Support Services representative which include assistance in the following areas: locate absent parents, establish paternity, establish, enforce, and review child support orders.

<u>Commercial Driver's License (CDL)</u>: Coursework provided to help assist offender to obtain CDL upon release.

Computer Information and Office Systems Training: Computer certification training program includes: Microsoft Office Specialist (MOS) - Windows XP, Office 2002 and 2003, Microsoft Certified Applications Specialist (MCAS) – Windows Vista, Office 2007, Internet and Computing Core Certification (IC3) program and the CompTIA A+ certification exams. UAA Occupational Endorsement Certificates will be offered in Office Support and Office Foundations.

<u>Computer Instruction Courses</u>: Instructors utilize MOS, MCAS, IC3 and A+ approved course materials that are aligned with industry standards.

<u>Computer Training (Microsoft Office Specialist):</u> The Microsoft Office Specialist certification program provides computer program literacy, measures proficiency, and identifies opportunities for enhancement of skills. Successful candidates receive a Microsoft Office Specialist certification credential that sets them apart from their peers in the competitive job market.

<u>Confined Space Entry Certification</u>: Delivered by an OSHA certified instructor and designed to train and certify individuals who work in confined spaces under the OSHA definition.

<u>CPR/First Aid Certification</u>: CPR with automated defibrillator certification and basic first aid.

<u>Culinary Arts</u>: This training has hospitality foundations which is a pre-requisite training step. To be complete in culinary arts, the student is required to complete the hospitality foundations and culinary arts training. ServSafe Certification testing is offered to students who successfully complete both requirements for this training.

<u>Driver's License</u>: Prepare inmates to take the written part of the general driver's license and to prepare inmates to take the written portion of the Class A or B commercial license test.

<u>Electrical Level 1 with Math</u>: Provides offenders with electrical instruction as outlined in the National Center for Construction Education and Research (NCCER) curriculum.

<u>Employment Preparation</u>: Reentry instructors teach offenders job finding techniques, resume writing, interviewing skills and job preparation plans.

<u>Field Safety and OSHA</u>: Vocational instruction in a marketable skill for a career in Occupational Health and Safety. Certification provides job readiness for employment at general work sites, the North Slope or self-employment.

<u>Flagger Certification</u>: Allows an inmate to earn a four year certification after completing the flagger course and exam.

<u>Forklift</u>: The purpose of this course is to provide a forklift training class. This class will be a requirement for warehouse inmate handlers as well as the building trades construction class students.

<u>HAZWOPPER Certification</u>: Emergency response training for general site workers engaged in hazardous substance cleaning-up operations. Each inmate will be certified as an individual who is OSHA certified.

<u>High School Refresher Classes</u>: High school refresher to prepare for college placement tests.

<u>Hiland College Club</u>: Trades R Us Club: Mandatory club for any offender who is enrolled in a trade class at HMCC. Offenders have monthly meetings that include female guest speakers who are in the trade field.

<u>Industrial Health and Safety</u>: Instruction in the construction field that focuses on preventing occupational illnesses and injuries.

<u>Infectious Diseases Education</u>: Instruction to reduce sexual risk behaviors and related health problems among offenders including behaviors that reduce their risk for HIV, other STDs, and unintended pregnancy.

Introduction to Welding: Provides offenders with welding safety instruction as outlined in the National Center for Construction Education and Research (NCCER) curriculum. Practicals are provided using the Lincoln VR-360 virtual welder simulator. Palmer Correctional students can certify with the American Welding Society D1.1 structural weld certificate on real world welding equipment. Offenders are marketable welders after certification.

<u>KeyTrain and WorkKeys</u>: WorkKeys is a job skills assessment system measuring "real world" skills that employers believe are critical to job success. These skills are valuable for any occupation—skilled or professional—and at any level of education. The WorkKeys practice curriculum is called KeyTrain/Career Ready 101.

<u>Laundry Services</u>: This program provides inmates an opportunity to work in a commercial laundry and laundry sterilization setting.

Microsoft Certification: The Microsoft Office Specialist certification program provides computer program literacy, measures proficiency, and identifies opportunities for enhancement of skills. Successful candidates receive a Microsoft Office Specialist certification credential that sets them apart from their peers in the competitive job market. The certificate is a valuable credential that is recognized worldwide as proof that an individual has the desktop computing skills needed to work productively and efficient.

National Center for Construction Education Research (NCCER): NCCER introduction course that provides offenders with the basic knowledge necessary for employment in the construction trades industry - tools for success, building trades, rigging and scaffolding, carpentry, electrical, plumbing and welding.

The North Slope Training Cooperative (NSTC): NSTC is a collaborative effort between the North Slope unit owners and their contractors to ensure all employees (company and contractor) have basic safety, health and environmental policy classes before going to work on the North Slope.

Basic Occupational Safety and Health Administration: OSHA 10 training is provided to assist an inmate for potential employment with unions and public work sites.

<u>Skin Sewing</u>: Instructor teaches Alaska Native traditional skin sewing techniques.

<u>Small Business Basics</u>: Volunteer from DOLWD instructs basics on how to start a small business.

<u>Small Engine Repair</u>: A 66 hour, two and four cycle small engine repair class offering classroom and hands on training.

Reentry- DOLWD Workplace & Community Transition Program: A partnership with DOL. Instructor provides reentry and transition training for current job market.

<u>Resume Writing Workshop</u>: Instructor teaches offenders how to research, plan and build a resume using a computer.

<u>Veteran's Affairs Support Education</u>: A volunteer comes to the institution and teaches veterans how to obtain benefits.

<u>Water Treatment Classes (UAF)</u>: Instruction in theoretical and applied aspects of the movement of contaminants through saturated and unsaturated soil. This class provides

offenders a marketable advantage in a community where clean water has been a challenge.

<u>Weatherization</u>: The purpose of this course is to provide Weatherization Technician course and will be a complementary course to the Building Trades Construction Course. This course follows the NCCER Accreditations.

Pro-Social Education Services

<u>Alaska Reentry Course</u>: Utilizing the Alaska Reentry manual, inmates prepare for reintegration and transition back into the community.

<u>Anger Management</u>: The purpose of this course is to understand anger and recognize early warning signs of anger before it is out of control. This course provides intervention strategies that have been proven to be effective in the management of anger.

<u>Criminal Attitudes Program (CAP)</u>: A cognitive behavioral course (6 to 16 weeks in duration) designed to assist offenders with altering their criminal attitudes and behaviors.

<u>Parenting Classes</u>: A program that provides practical and innovative ways to help overcome the physical and psychological challenges that incarcerated parents face both inside and outside of prison.

CHAPLAINCY SERVICES/PROGRAMS

<u>Alpha Reentry</u>: Participants in this Christian-based program are enrolled in various classes designed to foster spiritual growth, accountability and personal responsibility as well as moral and character development. Additionally, these courses focus on the issues of preparing for release and are designed to better equip prisoners for their return to community life. Prisoners are also matched with a mentor from the community who will work with them once per week during the pre-release phase to be a role model and a source of support and encouragement during incarceration and upon release to the community.

<u>Chaplaincy Core Services</u>: The goal of these services is to provide opportunities for prisoner reformation through religious programs, spiritual counseling, and pastoral care. All religious activities and programs are provided on a volunteer participation basis. Specific services include worship services, pastoral care and counseling, crisis intervention, death notifications, hospital/medical visitation, segregation visitation, religious literature distribution, and critical incidents stress management.

<u>Faith Wing</u>: This is a short term 6 month faith-based residential program that provides inmates an opportunity to live in a positive, supportive, spiritual-based community environment with an emphasis on spiritual growth, personal responsibility, and accountability.

God Behind Bars: Provides a digitally delivered church weekly to the institutions. The service comes from the fifth largest church in the U.S. Central Christian Church in Henderson, NV. This program is a very high energy, well scripted services that is designed to reach "the halted". God Behind Bars also conducts Celebrate Recovery substance abuse program and Meet You at the Gate Reentry program. This program is funded by the faith-based community and all equipment is donated to the institution for addition usage.

<u>Kairos</u>: This program addresses the spiritual needs of prisoners. Kairos volunteers go into prisons to pray and share meals and fellowship with inmates on a one-to-one basis. The first visit is a three-day event, during which time the team teaches a short introductory course on Christianity. Subsequent visits are monthly half-day reunions with the prisoners over a twelve-month period.

<u>MentorNet:</u> This program utilizes community volunteers as mentors working on a one to one basis with inmates who have volunteered for the program. It is designed to be an intensive level of mentoring in which the mentors meet once per week with the inmate they are assigned to, including upon release from the institution. The focus is on spiritual formation, guidance, role modeling, encouragement, and accountability.

<u>Transformational Living Community (TLC)</u>: This is a multi-phase, intensive 12-18 month program that is designed to provide a spiritual based approach to correctional rehabilitation. The inmates live together in a supportive community environment and are expected to embrace personal accountability, responsibility, and commitment to change in all aspects of their life.

SEX OFFENDER SERVICES

Outpatient Sex Offender Treatment: This program, provides services up to two years, is an evidence-based group therapy that uses cognitive behavioral techniques to help convicted sex offenders lower their risk to re-offend. The therapist and offender identify criminogenic needs and high risk situations that lead to re-offending. The offender is then given skills or tools to avoid or deal with high risk situations.

<u>Polygraph Testing</u>: This service is used, as part of the sex offender containment model, to obtain information about the offender that he or she would otherwise likely keep secret. The polygraph exam is integrated into the supervision practices to verify that the offender is being truthful and his or her potential for re-offense is accurately evaluated and mitigated.

<u>Residential Sex Offender Treatment</u>: This program is a two year; evidence-based group therapy that uses cognitive behavioral techniques to help convicted sex offenders lower their risk to re-offend. The therapist and offender identify criminogenic needs and high risk situations that lead to re-offending. The offender is then given skills or tools to avoid or deal with high risk situations. Program capacity is 24 participants at a time.

<u>Sex Offender Assessments</u>: These assessments consist of the latest validated risk scoring instruments, personality tests, IQ tests and mental health screening tools. The information from the assessments is used to help monitor and provide the appropriate level of care for the offender.

OTHER PROGRAMS

<u>Batterer's Intervention Program</u>: This 32-week program provides education for men serving time for a domestic violence conviction. The program is based on the Duluth Model which is a nationally recognized victim-safety centered program that uses skill building for the offender to learn how to have a healthy non-violent relationship.

<u>Family Violence Intervention Program</u>: A program designed to end the effects of the cycle of violence in families by increasing self-esteem and empowering individuals to become self-sufficient and maintain independence in a violence-free lifestyle.